**FEED THE BODY**

**NOURISH THE SOUL**

Our SuperFoodsRx™ menu features revitalizing dishes made from healthy ingredients rich in nutrients and antioxidants and taste delicious so you can feel energized and at your best all day.

**STARTERS**

**MEDITERRANEAN MEZZA PLATTER**
Hummus, baba ganoush, hand rolled stuffed grape leaves, Kalamata olives, kibbeh & toasted pita chips  16.00

**COASTAL CRAB CAKE**
Blue crabmeat, corn and jalapeno salsa, Romesco sauce 17.00

**CRISPY FIRECRACKER CALAMARI**
Kalamata olive and roasted garlic dip  16.00

**CHICKEN & WAFFLE SLIDER**
Caramel & sweet chili sauce, melon, cress 16.00

**CORONA AND LIME MARINATED SHRIMP**
Avocado, jalapeno and tomato mojo  17.00

**CINNAMON SCENTED BUTTERNUT SQUASH SOUP**
Apple puree 9.00

**DAILY MARKET SOUP** 9.00

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**GREENS**

**MICRO CHOPPED GRILLED CHICKEN SALAD**
Romaine, kale, broccoli, beets, avocado, cheddar, egg, tomato, cucumber, Italian vinaigrette 18.00

**PRINCE CAESAR SALAD**
Peameal Bacon, Shaved Parmesan, Crostini 11.00

**BEET & SQUASH SALAD**
Mix green, sautéed mushrooms, goat cheese crumble, herb vinaigrette 16.00

**ARUGULA SALAD**
Mix green, shaved apple & fennel slaw, grilled cranberry focaccia, pear vinaigrette 17.00

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**OPTIONS**

**STIR FRIED VEGETABLES WITH BROWN RICE** 9.00 GF

**SEA-SALTED FRENCH FRIES** 8.00 GF

**CHAR ROASTED ASPARAGUS** 8.00 GF

**BUILD YOUR OWN OMELET**
Three egg omelet with your choice of three fillings: Smoked black forest ham, bacon, sausage, sautéed mushrooms, wilted spinach, sweet onions, bell peppers, Ontario cheddar cheese, salsa and Jalapeno 17.00

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**ENTRÉES**

**STEAK FRITES**
8oz. GF
King oyster mushroom, lemon garlic butter, pickle mustard seed jus, truffle fries 30.00

**WILD SALMON**
Herb pearl barley, squash, beet puree, broccoli, pickled mustard seeds 31.00

**ORGANIC RAINBOW TROUT**
Forked yams, rapini, fennel, maple honey glaze, compound butter 30.00

**GNOCCHI**
Kale pesto, swiss chard, edamame, zucchini, sundried tomato, parmesan 24.00

**SOUS VIDE ROASTED CHICKEN**
Artichoke, cremini mushroom, grape tomatoes, edamame, squash puree 29.00

**CHEF’S INSPIRATION**
Our daily offering inspired by regionally farmed or seasonally harvested products, priced daily

**SANDWICHES**

**PRIME RIB BURGER**
Applewood Smoked Cheddar, pickle, roasted garlic aioli, fries or side salad 17.00

**ROASTED CHICKEN PANINI**
Spicy tomato jam, Smoked cheddar, arugula and kalamata aioli, choice of sea-salted French fries or side salad 17.00

**OLD FASHIONED MONTE CRISTO**
Ham & gruyere cheese, on brioche, strawberry jam 16.00

**ALL NATURAL TURKEY INVOLINI**
Tender spinach, egg white crepe avocado and sundried tomato wrapped in a whole wheat tortilla with cranberry mayo 16.00

**DESSERTS**

**NEW YORK STYLE CHEESE CAKE**
Berry Compote 12.00

**WARM DOUBLE-CHOCOLATE BROWNIE**
Pecans, chocolate sauce, vanilla ice cream 13.00

**FLOURLESS CHOCOLATE TORTE**
Anglaise 12.00

**NEW YORK STYLE CHEESE CAKE**
Berry Compote 12.00

**APPLE CRUMBLE TART**
Served warm with caramel sauce and vanilla ice cream 12.00

**SEASONAL STRUDEL**
Vanilla ice cream 12.00

**WATERMELON MINT JUICE** 9.00 GF

**BEET, CARROT, KALE, APPLE JUICE, LEMON, GINGER** 9.00 GF

**MINT INFUSED PINEAPPLE-CUCUMBER JUICE** 9.00 GF

**ORANGE, GRAPEFRUIT, LEMONADE, LIME** 9.00 GF

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**Westin® Hotels & Resorts**

**Westin Fresh by the Juicery**

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"Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness."

"These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy, vigorous and vital." – Dr. Steven Pratt, author of SuperFoodsRx

*We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.*

Disclaimer/Option

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