

FRESH START

RESTORE BALANCE THIS MORNING

SuperFoodsRx™*

Fuel your body with delicious SuperFoodsRx dishes packed with nutrients and energy. Antioxidant rich and naturally low in calories, our tempting selections make healthy meals impossible to resist.

For a better you.™

WESTIN FRESH BY THE JUICERY


WATERMELON MINT JUICE 9.00 GF

BEET, CARROT, KALE, APPLE JUICE, LEMON, GINGER 9.00 GF

MINT INFUSED PINEAPPLE-CUCUMBER JUICE 9.00 GF

ORANGE, GRAPEFRUIT, LEMONADE, LIME 9.00 GF

INVIGORATE

MARKET FRESH FRUITS AND BERRIES GF 
A bountiful selection of the season's best 13.00

BIRCHER MUESLI WITH DRIED APRICOT & CHERRIES 
Low-fat yogurt, oats, apples, almonds, walnuts and honey 13.00

ORGANIC PASTEL EGG WHITE AND ALL-NATURAL GF 
TURKEY OMELET Laced with arugula and low-fat cheddar.
Served with tomato and avocado salad 18.00

EGG WHITE QUICHE 
Goat cheese, Spinach, roasted red pepper and broccoli 17.00

SCRAMBLED EGG AND CHORIZO SAUSAGES TACO
Avocado, and Monterey jack cheese 17.00

BLUEBERRY AND CINNAMON SCENTED OATMEAL BRULLE 
Candied nuts 13.00

CEREALS GF
Raisin bran, corn flakes, cheerio or granola, rice krispies.
All served with regular milk, skim milk or soy milk 7.00

ENERGIZE

JUICE
Orange, apple, grapefruit, cranberry, tomato & V8 5.50

FRESHLY BREWED STARBUCKS® BLENDED COFFEE
Freshly-brewed regular or decaffeinated 5.00
Cappuccino or Latte 6.00
Espresso 6.00
Iced Coffee 6.00

ASSORTED TAZO® TEAS 5.00
Awake, Calm, Passion, Earl Grey, Tazo chai, Zen

MILK 5.00
Regular, 2%, skim, chocolate or soy

BREAKFAST TABLE Seasonal fruits and berries, yogurt, steel-cut oatmeal, whole grain cereals, all-natural granola, scrambled eggs, smoked bacon or pea meal bacon, sausage links, breakfast potatoes, bakery selections, bagels with cream cheese, selection of breakfast juices, freshly-brewed Starbucks® coffee and assorted Tazo® teas 23.00

INDULGE

HOME BAKED BREAD PUDDING FRENCH TOAST
Berry compote, fresh fruits 17.00

BANANA-BLUEBERRY PANCAKES 
Ricotta and buttermilk pancakes served with orange-maple syrup 17.00

GRILLED HAM AND EGGS
Organic eggs done your way, crispy hash browns, choice of grilled ham, bacon or sausage, and toast or English muffin 17.00

QUINOA CAKE WITH AVACODO SMOKED SALMON 
AND POACHED EGGS 19.00

TRADITIONAL EGGS BENEDICT
Poached eggs, peameal bacon, English muffin, Hollandaise sauce, breakfast potatoes 18.00

OPTIONS

BOWL OF FIELD GROWN BERRIES GF 
A bright mix of the season's best 10.00

YOGURT
Choose from low-fat fruit, berry or Greek 6.00

SMOKED BACON OR PEAMEAL BACON
BREAKFAST SAUSAGE LINKS OR GRILLED HAM 7.00

CRISPY HASH BROWN POTATOES 6.00

THE BAKERY BASKET
A buttery croissant, daily muffin, your choice of two from:
English muffin, sourdough, multi-grain, rye or white toast
with butter, honey and preserves 9.00

FRESHLY BAKED BAGEL Philadelphia® cream cheese 6.00

WESTIN® HOTELS & RESORTS

**Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.

**"These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy, vigorous and vital."
- Dr. Steven Pratt, author of *SuperFoodsRx: Fourteen Foods That Will Change Your Life*.



We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

Disclaimer Option

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